

Connecticut State Briefing

Governor Ned Lamont (Democrat) | Generated March 30, 2026

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Executive Summary

POPULATION 3.6M	UNEMPLOYMENT 4.2% vs 4.4% national	FEDERAL GRANTS \$59.2B \$16,493/capita
CREDIT RATING (S&P) AA	SNAP HR1 TIER Low Risk 5.7% PER	CONTRIBUTIONS \$415.7M

State of the State Preview

New Priorities	12
Dropped Priorities	12
Shifted Emphasis	10

Affordability	Economy & Jobs	Education	Environment & Energy	Government Reform	Healthcare	Housing	Immigration
Infrastructure	Public Safety	Social Services	Tax & Budget				

SNAP / HR1 Compliance Risk

HR1 Tier	Low Risk
Payment Error Rate (FY2024)	5.67%
State Cost Share (enacted)	N/A (0%)
SNAP Participants	397.0K

Housing

Median Home Value	\$367,800 vs \$310,700 national
Median Gross Rent	\$1,463 vs \$1,238 national
Homeownership Rate	65.7% vs 67.8% national
Rent Burden	31.6% vs 29.7% national

Energy

Residential Price	null¢/kWh
Monthly Bill Estimate	\$null
Energy Mix	0% renewable 0% fossil 0% nuclear

Health

Life Expectancy	79.2 yrs (rank 6/51) vs 77.1 national
Uninsured Rate	6.1% (rank 10/51) vs 9.5% national
Overdose Death Rate	40.8 (rank 40/51) vs 30.8 national
Obesity Rate	30.7% (rank 10/51) vs 33.5% national
Infant Mortality	4.5 (rank 8/51) vs 5.6 national

Water

Community Water Systems	503
Violation Rate	3.4% vs 3.6% national avg

Education

NAEP Math (4th Grade)	239.1
NAEP Reading (4th Grade)	219.2

Broadband

Broadband Adoption	92.6% vs 92% national
No Internet	4.6% vs 5.4% national
Computer Ownership	95.8% vs 95.9% national

Infrastructure

Infrastructure Grade	A
Bridge Condition	27.7% good 67.5% fair 4.8% poor (4,363 total)
Water Systems	11,223 total 376 with violations (3.4%)

Fiscal Health

Total Revenue	\$53.8B
Total Expenditure	\$53.0B
Total Debt	\$14.4B
Debt Per Capita	\$3,990
Tax Burden Per Capita	\$1,090
Credit Ratings	S&P: AA Moody's: Aa2 Fitch: AA

FEMA Disasters

Active Disasters	7
Declarations (10yr)	12
Public Assistance Funding	\$1.1B
Individual Assistance	\$8K

Top Federal Funding Agencies

Agency	Amount	DOGE Risk
Department of Health and Human Services	\$9.2B	medium
Department of Transportation	\$3.3B	low
Environmental Protection Agency	\$779.1M	high
Department of Education	\$457.8M	high
Department of Agriculture	\$426.8M	medium

Campaign Finance

Total Contributions	\$415.7M
Total Expenditures	\$222.2M
Data Source	Public Records